

LI  UC
together but safe.

Anti-contagion Plan

General rules and procedures for the contrast and containment of the spread of the Covid-19 virus in the workplace.

Protocol reference signed on 27 April, 2020



HELP US TO HELP YOU!
WE ARE ALL TOGETHER AGAINST
THE COVID-19 VIRUS

EVERYTHING WE KNOW ABOUT CORONAVIRUS

WHAT IS IT ALL ABOUT?

- Coronaviruses are a large family of viruses
- They cause illnesses ranging from the common cold to serious respiratory diseases
- The Sars-CoV-2 virus was identified for the first time in Wuhan, China, at the end of 2019
- The disease that the pathogen causes was named CoVid 19CoVid-19

THE MOST COMMON SYMPTOMS



Cold



Sore throat



Cough



Pneumonia



Fever



Difficulty breathing



Acute respiratory syndrome



Kidney failure

HOW IS IT TRANSMITTED?

The virus is spread principally through close contact with an infected person



PERSONS most at RISK ARE the elderly and those with PRE-EXISTING illnesses

INCUBATION PERIOD



Can vary between 2 and 11 days
Up to a maximum of 14 days

TREATMENT

At present there is no vaccine.

It is predicted that there will be one available in 12 and 18 months time.

Symptoms can be treated.



WHY WEAR A MASK?

The importance of protection

Positive Covid-19			Possibility of contagion 70%
Positive Covid-19			Possibility of contagion 5%
Positive Covid-19			Possibility of contagion 1,5%

INTERNAL RULES FOR COVID-19 ANTI-CONTAGION

- Before going to LIUC, measure your temperature and, if it is 37.5 °C or higher, stay at home and call your doctor;
 - Avoid going to LIUC if you have had close contact with "Covid-19 positive" persons in the last 14 days or if you have travelled to risk areas;
 - The only entrances, receptions, and internal courtyards that will remain open are those from Corso Matteotti, 22 and Piazza Soldini 5. In these places, keep social distancing of at least 1 metre, wear a protective mask, and avoid gatherings.
 - **Body temperature control (max 37.3 °) points are located:**
 - outside the **M2 "Tower" building**
 - at the top of the staircase before the **underpass**
- * for safety, the temperature is decreased by the tolerance error of the thermometers, approx. 0.2°C*
- When travelling to LIUC avoid crowded means of transport and use a private car where possible. If it is not possible, and you use public transport, always wear a protective mask and gloves;
 - Avoid car-pooling. If it is not possible, ensure all occupants wear protective masks;
 - While at LIUC, **wear a protective mask at all times** in addition to maintaining social distancing;
 - Avoid gathering at the entrances and common areas (bar, canteen, etc.);
 - Before using equipment also used by others, disinfect all contact surfaces. If this is not possible, avoid any contact with your nose, eyes and mouth;
 - When using the toilets at LIUC, wash your hands before and after. The paper towels for drying your hands should be thrown in the waste bin and not in the toilet;
 - At all times, respect any prepared signs;
 - When using PPE, follow the instructions provided on/within the packaging;
 - Avoid going to LIUC whenever possible. Instead, make contact by telephone.

If, after joining LIUC, you experience symptoms such as a dry cough and / or temperatures above 37.5 °C

INFORM IMMEDIATELY
the employer and / or their representative.

Drinks/Snacks Vending machines

Hand sanitising GEL is always available in every drink snack vending machine area.

It is recommended that you wash **BEFORE** and **AFTER** using the machines (keys, doors, etc).

Do not create gatherings. Instead, withdraw and consume drinks/snacks outdoors.

SUPPLIERS, COURIERS, CONTRACTED COMPANY EMPLOYEES

there is a toilet
dedicated
exclusively for
you on Ground
floor of the **M1
building**



HYGENIC SERVICES
Suppliers, couriers,
...

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PROTECT YOURSELF, PROTECT OTHERS.

SOME SIMPLE RULES TO HELP CONTAIN CORONAVIRUS INFECTION



Always wear a mask.



Avoid close contact and maintain a distance of at least one metre.



Disinfect your hands with the alcoholic solution provided.



Wash your hands often with soap and water.



Cover your nose and mouth with a single-use tissue when sneezing or coughing. Alternatively, use the inside of your arm.



Avoid shaking hands and hugging until the emergency has ended.



Avoid touching eyes, nose, and mouth with your hands.



If you have symptoms similar to influenza stay at home.

Do not go to E.R./A&E or to a specialist. Instead, contact/call your general physician, a private paediatrician, the regional emergency number.

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